


2nd ANNUAL

★ ★ **NOBODY** ★ ★
QUITS LIKE
CHICAGO
MORE CHICAGOANS
THAN EVER BEFORE ARE CHOOSING A
SMOKE-FREE LIFE.¹
YOU CAN TOO.

SMOKING CESSATION
AWARENESS WEEK

AUGUST 17 TO 21, 2015

 Talk to your doctor or healthcare provider today about help quitting

 Find helpful resources online at **www.PlanMyQuit.com**

 Call the Illinois Tobacco Quitline at **866-784-8937** to access **FREE** smoking cessation resources

Use **#ChicagoQuits** to share your quit story on Twitter, Instagram, and Facebook



Reference: 1. Chicago Department of Public Health. Healthy Chicago Spotlight. Tobacco Use. March 2014. https://www.cityofchicago.org/content/dam/city/depts/cdphtobacco_alcohol_and_drug_abuse/Tobacco_Use_Spotlight.pdf. Accessed June 10, 2015.